



Who We Are...

We are parents whose children's lives are touched by mental health issues.

.....

When We Learned We Weren't Alone...

January 2000 ...and every day since.

.....

Why We Formed A Society...

To insure mental health care and services are provided to children and youth and to assist their families in finding information and support.

.....

Our Vision

All families receive the appropriate care, support, and resources needed for their Children's Mental Health.

ADDITIONAL RESOURCES

BC Ministry of Children and Family Development

1-250-387-9699

604-660-2421

www.mcf.gov.bc.ca/mental_health/help.htm

BC Office for Children and Youth

1-800-476-3933

BC Office of the Ombudsman

1-800-567-3247

The F.O.R.C.E.

Is a member of BC Partners for Mental Health and Addictions Information

www.heretohelp.bc.ca

The F.O.R.C.E.

Society for Kids' Mental Health

'As families, we've been there'



**Families
Organized for
Recognition &
Care
Equality**

Website: forcesociety.com

Phone: 604-878-3400

**Funding provided by:
Ministry of Children & Family Development
& the Provincial Health Services Authority**



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The F.O.R.C.E. Provides...



Support

Provides families with an opportunity to speak to other families who understand and may be able to offer support or advice on what has worked for them.



Education

Provides families and professionals with information, tools and tips on how to support and assist children with mental health difficulties.



Advocacy

Provides assistance that can help both professionals & families in meeting the mental health needs of children and youth.



Navigation

Provides information that can assist families and professionals in knowing the services available and how to access them.



Education & Navigation

The F.O.R.C.E. will;

- Provide families with information and skills on how to manage their child's worries and anxiety.
- Promote early identification and appropriate interventions.
- Provide information to professionals on topics related to children's mental health.
- Partner with others in creating information and resources that promote awareness and collaboration in children's mental health.
- Provide information to families that will enable them to know, and seek out, who does what and where to look for services and resources.
- Share our own experiences and knowledge with others to strengthen the knowledge and capacity of all.

The F.O.R.C.E. will not;

- Judge families or professionals
- Take over locating services and resources for families; instead we will guide and assist families.
- Promote or provide information on practices that are not medically or clinically substantiated.

Support & Advocacy

The F.O.R.C.E. will;

- Assist families in advocating for what is in the best interest of their children.
- Provide emotional support.
- Attend meetings, when possible, to assist in taking notes and help in being another pair of ears for clarification of information.
- Attempt to bridge the needs of families with the constraint of the systems serving children and families.
- Model and encourage respect between families and professionals.
- Assist families in learning how to advocate effectively for their children.
- Provide opportunities for families to meet other families who have been there.
- Assist in establishing support groups for families.

The F.O.R.C.E. will not;

- Take sides against either professionals or families; instead we will encourage cooperation and conciliation.
- Partake in efforts which go against medical advice.
- Replace the parent in advocating for their child.
- Provide advocacy for legal issues as we do not have adequate knowledge of the laws or legal policies in BC.

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