



# National Child & Youth Mental Health Day

# May 7 2011



Mental Health challenges affect 15% of Canadian children and youth – 4-5 students in every classroom of 30 across the Nation struggle in the classroom, in making friends, in participating in activities and in functioning in their families. Mental health problems can happen to any child or youth regardless of age or circumstance. **Join the discussion with youth, families, professionals and those working in or interested in child and youth mental health across Canada**

## Understanding & Defining Family Smart™

Co-hosts: Dr. Jana Davidson and Keli Anderson

**Founders of new National Institute of Families for Child & Youth Mental Health**

We will be bringing together youth, parents, caregivers, professionals, service providers and those interested in child and youth mental health to help us define what Family Smart™ could mean to our Nation and help us in defining the outcomes that are meaningful to families and how Family Smart™ can help us reach those outcomes

Sites across Canada will be connected during parts of the day through webcasting and the dialogue across provinces and territories will be captured using Graphic Recording.

**When: May 7, 2011**

**Host Site: Min. of Children & Family Development  
1726 Dolphin Ave. Kelowna, B.C.  
4th Floor Training Room**

**8:30 am – 3:00 pm**

\* Plenty of free parking is available. You will be met on the main floor & escorted upstairs.

**To register, email [theforce@forcesociety.com](mailto:theforce@forcesociety.com) or visit [www.instituteoffamilies.com](http://www.instituteoffamilies.com)**

Funding for Family Smart™ generously provided by the RBC Foundation.



RBC Foundation®



**INSTITUTE OF FAMILIES**  
for Child and Youth Mental Health

