



# National Child & Youth Mental Health Day

# May 7 2010



Mental Health challenges affect 20% of Canadian children and youth... that is over 2 million children and adolescents in Canada. Mental health problems can happen to any young person regardless of age or circumstance.

## Roundtable Discussion:

### Youth, Families and Researchers

Co-hosts: Dr. Jana Davidson, Dr. Stan Kutcher and Keli Anderson

**Purpose:** To provide an opportunity for youth, families and researchers to engage in dialogue about research that will have a meaningful impact on the mental health of children, youth and families. Participants will hear examples of family engaged research and how the new National Institute of Families for Child and Youth Mental Health will sustain this partnership.

A collaborative partnership is essential for meaningful research in child and youth mental health. This day provides an opportunity in which those with lived experience and researchers are brought together to talk about research and develop a partnership that is an essential and innovative step for advancement of child, youth and family mental health, not only in BC but nationally.

**When:** May 7, 2010      **Where:** UBC First Nations Longhouse

To Register go to [www.forcesociety.com](http://www.forcesociety.com)

For more information on this event and events in other provinces, check the national website at:

[www.ncymhd.com](http://www.ncymhd.com)